

# MARCHING AND HALTING IN QUICK TIME

“Taking you a stage further in your foot drill I am now going to teach you MARCHING AND HALTING in quick time.”

“The reason this movement is taught is to enable you as an individual or as a formed body of men to march at the regulation rate of 116 paces to the minute and to halt. In a smart soldier like and uniform manner. On the Command STAND EASY.”

“Relax and look this way and I will give you a complete demonstration of the movement.”

“STAND EASY”,

“Relax and look this way.”

*“INSTRUCTOR ONLY! QUICK MARCH! (Call out time for 7 paces) SQUAD - HALT! (Check, One – Two)”*

“There you saw a complete demonstration of both movements, for the purposes of instruction this lesson is broken down into two parts, first of all the quick march. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the word of command.”

“QUICK MARCH”,

“Relax and look this way.”

*“INSTRUCTOR ONLY! QUICK MARCH! (Call out time for 7 paces)”*

“IMMEDIATELY on receiving the word of command. I forced my left foot forward a full pace of 30 inches, swinging the right arm forward and the left arm backwards, then continue with the right foot and left alternately.”

“**Points to Note.**”

“The right foot is flat and firm on the ground. The left foot is just clear of the ground with the toes pointing downwards and outwards.”

“The pace of 750 mm (30 inches) is measured from heel to heel.”

“The heel will strike the ground first, with the knee braced on impact.”

“The leg must go forward naturally in a straight line, with the knee sufficiently bent for the toe to clear the ground.”

“The arms will be freely swung forward until the bottom of the hand is in line with the top of the waist belt and backwards as far as they will go. They will reach these points as each heel strikes the ground.”

“The remainder of my body is ERECT AND SQUARE TO THE FRONT”

“Are there any Questions?”

## **Practice: Collective – Individual – Collective**

**Collective:** “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

**Individual:** the instructor must get amongst the students to carry out fault correction.

*“FALL IN!”*

**Collective:**

“Relax and look this way.”

“Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the command”

“SQUAD - HALT”

*“INSTRUCTOR ONLY! QUICK MARCH! (Call out time for 7 paces) SQUAD - HALT!”*

"There you saw a complete demonstration of both movements, for the purposes of instruction this lesson is broken down into two parts, second is the halt, this movement is broken down into three further parts. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the word of command."

"SQUAD HALT – ONE"

"Relax and look this way."

*"INSTRUCTOR ONLY! QUICK MARCH! (Call out time for 7 paces) SQUAD HALT - ONE!"*

"IMMEDIATELY on receiving the word of command, which is given as the left foot strikes the ground. I took another full 30 inch pace swinging the left arm forward and the right arm backwards. I then froze in this POSITION."

**"Points to Note."**

"The right foot flat on the ground, the left heel raised,"

"The left arm at the top of its swing forward and the right arm full to the rear."

"The remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

*(Stay in position)*

"You the squad on carrying out these actions will call out. CHECK!"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

*(Get into position of Squad 1)*

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD TWO."

*"INSTRUCTOR ONLY! SQUAD TWO (Call out ONE)"*

"IMMEDIATELY, on receipt of that command, I shot the left foot forward a pace of 375 mm (15 inches) placing the foot flat on the ground. At the same time I reversed the position of the arms"

**"Points to Note."**

"Both feet are flat and firm on the ground."

"The right arm at the top of its swing forward and the left arm full to the rear."

"The remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

*(Stay in position)*

"You the squad on carrying out these actions will call out. ONE!"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

*(Get into position of Squad 2)*

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD THREE."

*"INSTRUCTOR ONLY! SQUAD THREE (Call out TWO)"*

"IMMEDIATELY, on receipt of that command, I Bent the right knee until the thigh became parallel to the ground, brought the arms to the sides and resumed the correct position of attention."

**"Points to Note."**

"I am now in the correct position of attention"

"Are there any Questions?"

*(Stay in position)*

"You the squad on carrying out these actions will call out. TWO!"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

"Stand still, Relax and look this way"

"Continue to look this way and I will give you a complete and final demonstration of the movement."

*"INSTRUCTOR ONLY! QUICK MARCH! (Call out time for 7 paces) SQUAD - HALT! (Check, One – Two)"*

"There you saw a complete and final demonstration of the movement."

"Are there any questions?"

"You the Squad on carrying out the movement will call out, CHECK, ONE - TWO"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**