

ABOUT TURN IN SLOW TIME

"Taking you a stage further in your foot drill I am now going to teach you the ABOUT TURN in Slow time."

"The reason this movement is taught is to enable you as an individual or as a formed body of men to turn through an angle of 180 degrees to the right, without first being halted, In a smart soldier like and uniform manner. On the Command STAND EASY."

"Relax and look this way and I will give you a complete demonstration of the movement."

"STAND EASY",

"Relax and look this way."

"INSTRUCTOR ONLY! SLOW MARCH! (Call out time) TURNING! ABOUT TURN! (Call out time)"

"There you saw a complete demonstration of the movement, for the purposes of instruction this movement can be broken down into parts each part being numbered, continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the word of command."

"Turning by numbers ABOUT TURN ONE"

"Relax and look this way."

"INSTRUCTOR ONLY! SLOW MARCH! (Call out time) TURNINGS BY NUMBERS! ABOUT TURN ONE (Call out time)"

IMMEDIATELY on receiving the word of command. Which I received as my Right foot passes the left. I completed a full marching pace of 30 inches with the right foot. The head, shoulders, body and right foot are then forced through an angle of 90 degrees to the right by means of pivoting on the right heel. At the same time, the left leg is bent in front of the body so that the thigh is parallel to the ground, with the left foot hanging naturally below the knee. The left foot is then forced down to the ground beside the right foot. And I froze in this POSITION.

"Points to Note."

"Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."

"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

(Stand to Attention)

"You the squad on carrying out these actions will call out. ONE STOP!"

"Stand to Attention Turn to your left."

Practice: Collective – Individual – Collective

Collective: "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective:

(Get into position of Squad 1)

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD TWO."

"INSTRUCTOR ONLY! SQUAD TWO (Call out TWO STOP)"

"IMMEDIATELY, on receipt of that command, the head, shoulders, body and left foot are forced through an angle of 90 degrees to the right (completing the 180 degrees turn) by means of pivoting on the left heel. At the same time, the right

leg is bent in front of the body so that the thigh is parallel to the ground, with the right foot hanging naturally below the knee. The right foot is then forced down to the ground beside the left foot. And I froze in this POSITION."

"Points to Note."

"My body is now facing its new direction"

"Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."

"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

(Stand to attention)

"You the squad on carrying out these actions will call out. TWO STOP!"

"Stand to Attention adopt the position of Squad One"

Practice: Collective – Individual – Collective

Collective: "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective:

(Get into position of Squad Two)

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD THREE."

"INSTRUCTOR ONLY! SQUAD THREE (Call out THREE STOP)"

"IMMEDIATELY, on the command, The left leg is bent in front of the body so that the thigh is parallel to the ground, with the left foot hanging naturally below the knee. The left foot is then forced down to the ground beside the right foot. And I froze in this POSITION."

Points to Note.

"Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."

"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

(Stand to attention)

"Are there any questions"

"You the squad on carrying out these actions will call out THREE STOP"

"Stand to attention Turn to your left"

Practice: Collective – Individual – Collective

Collective: "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective:

(Get into position of Squad three)

“Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD FORWARD”

“INSTRUCTOR ONLY! SQUAD FORWARD! (Call out FORWARD)”

“IMMEDIATELY, on the command, the right foot is forced forward a full 30 inch marching pace. At the same time the left arm is swung forward and the right arm swung to the rear whilst continuing to march in Slow Time.”

“Points to Note.”

“The outside edge of the right boot touches the ground first, whilst marching at the regulation rate of 65 paces to the minute”

“The remainder of my body is ERECT AND SQUARE TO THE FRONT.”

“Are there any Questions?”

(Stand to attention)

“You the squad on carrying out these actions will call out. FORWARD”

“Stand to Attention adopt the position of Squad THREE”

Practice: Collective – Individual – Collective

Collective: “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

Individual: the instructor must get amongst the students to carry out fault correction.

“FALL IN!”

Collective:

“Stand still, Relax and look this way”

“Continue to look this way and I will give you a complete and final demonstration of the movement.”

“INSTRUCTOR ONLY! SLOW MARCH! (Call out time) TURNING! ABOUT TURN! (Call out time)”

“There you saw a complete and final demonstration of the movement.”

“Are there any questions?”

“You the Squad on carrying out the movement will call out, ONE STOP, TWO STOP, THREE STOP, FORWARD”

Practice: Collective – Individual – Collective

Collective: “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

Individual: the instructor must get amongst the students to carry out fault correction.

“FALL IN!”

Collective: