

# ABOUT TURN IN QUICK TIME

"Taking you a stage further in your foot drill I am now going to teach you the ABOUT TURN in Quick time."

"The reason this movement is taught is to enable you as an individual or as a formed body of men to turn through an angle of 180 degrees to the right, without first being halted, in a smart soldier like and uniform manner. On the Command STAND EASY."

"Relax and look this way and I will give you a complete demonstration of the movement."

"STAND EASY",

"Relax and look this way."

*"INSTRUCTOR ONLY! QUICK MARCH! (Call out time) TURNING! ABOUT TURN! (Call out time)"*

"There you saw a complete demonstration of the movement, for the purposes of instruction this movement can be broken down into parts each part being numbered, continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the word of command."

"Turning by numbers ABOUT TURN ONE"

"Relax and look this way."

*"INSTRUCTOR ONLY! QUICK MARCH! (Call out time) TURNINGS BY NUMBERS! ABOUT TURN ONE (Call out time)"*

"IMMEDIATELY on receiving the word of command. Which I received as my Right heel strikes the ground. A further full marching pace of 30 inches is taken with the left foot, at the same time alternating my arms. A short pace of 15 inches is then taken with the right foot, at the same time forcing my arms into the side of the body in a sharp scissor like movement. And I froze in this POSITION."

"Points to Note."

"Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."

"My right heel is against and touching the left in-step"

"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

*(Stand to Attention)*

"You the squad on carrying out these actions will call out. IN!"

"Stand to Attention Turn to your left."

## **Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

*(Get into position of Squad 1)*

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD TWO."

*"INSTRUCTOR ONLY! SQUAD TWO (Call out LEFT)"*

"IMMEDIATELY, on receipt of that command, the head, shoulders, body and right foot are forced through an angle of 90 degrees to the right by means of pivoting on the right heel. At the same time the left leg is bent in front of the body so that

the thigh is parallel to the ground, with the left foot hanging naturally below the knee. The left foot is then forced down to the ground beside the right foot. And I froze in this POSITION.”

“Points to Note.”

“Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body.”

“Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT.”

“Are there any Questions?”

*(Stand to attention)*

“You the squad on carrying out these actions will call out. LEFT!”

“Stand to Attention adopt the position of Squad One”

### **Practice: Collective – Individual – Collective**

**Collective:** “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

**Individual:** the instructor must get amongst the students to carry out fault correction.

*“FALL IN!”*

### **Collective:**

“Relax and look this way – For ease of instruction ABOUT TURN- ONE and SQUAD TWO are combined to form a new SQUAD ONE. Continue looking this way and I will give you a complete demonstration of the new SQUAD ONE.”

*“INSTRUCTOR ONLY! QUICK MARCH (Call out Time) TURNINGS NY NUMBERS! ABOUT TURN ONE! (Call out IN-LEFT)”*

“There you saw a complete demonstration of the new SQUAD ONE”

“Are there any questions”

“You the squad on carrying out these actions will call out IN – LEFT”

“Stand to attention Turn to your left”

### **Practice: Collective – Individual – Collective**

**Collective:** “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

**Individual:** the instructor must get amongst the students to carry out fault correction.

*“FALL IN!”*

### **Collective:**

*(Get into position of Squad one)*

“Relax and look this way. I left you in this position, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the command. SQUAD TWO.”

*“INSTRUCTOR ONLY! SQUAD TWO (Call out RIGHT)”*

“IMMEDIATELY, on receipt of that command, the head, shoulders, body and left foot are forced through an angle of 90 degrees to the right by means of pivoting on the left heel. At the same time the right leg is bent in front of the body so that the thigh is parallel to the ground, with the right foot hanging naturally below the knee. The right foot is then forced down to the ground beside the left foot and I froze in this POSITION.”

“Points to Note.”

"I am now facing my new direction. Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."

"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

*(Stand to attention)*

"You the squad on carrying out these actions will call out. RIGHT"

"Stand to Attention adopt the position of Squad One"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

*(Get into position of Squad Two)*

"Relax and look this way. I left you in this position, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the command. SQUAD THREE."

*"INSTRUCTOR ONLY! SQUAD THREE! (all out LEFT)"*

"IMMEDIATELY, on the command, the left leg is bent in front of the body, so that the thigh is parallel to the ground with the left foot hanging below the knee. The left foot is then forced down to the ground beside the Right foot. And I froze in this POSITION."

"Points to Note."

"Both my feet are flat and firm on the ground at an angle of 30 degrees from an imaginary line front centre of the body."  
"Both my knees are braced, and the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

*(Stand to attention)*

"You the squad on carrying out these actions will call out. LEFT"

"Stand to Attention adopt the position of Squad Two"

**Practice: Collective – Individual – Collective**

**Collective:** "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

**Individual:** the instructor must get amongst the students to carry out fault correction.

*"FALL IN!"*

**Collective:**

*(Get into position of Squad Three)*

"Relax and look this way – I left you in this POSITION, continue to look this way and I will give you a complete demonstration of the actions to be carried out on the Command SQUAD FORWARD"

*"INSTRUCTOR ONLY! SQUAD FORWARD! (Call out FORWARD)"*

"IMMEDIATELY, on the command, the right foot is forced forward a full 30 inch marching pace. At the same time the left arm is swung forward and the right arm swung to the rear whilst continuing to march in Quick Time."

“Points to Note.”

“The Right heel strikes the ground first. The left arm is swung forward level and in line with the left shoulder.”

“The Right arm is swung to the rear as far as physically possible whilst marching at the regulation rate of 116 paces to the minute.”

“The remainder of my body is ERECT AND SQUARE TO THE FRONT.”

“Are there any Questions?”

*(Stand to attention)*

“You the squad on carrying out these actions will call out. FORWARD”

“Stand to Attention adopt the position of Squad THREE”

### **Practice: Collective – Individual – Collective**

**Collective:** “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

**Individual:** the instructor must get amongst the students to carry out fault correction.

*“FALL IN!”*

### **Collective:**

“Stand still, Relax and look this way”

“Continue to look this way and I will give you a complete and final demonstration of the movement.”

*“INSTRUCTOR ONLY! QUICK MARCH! (Call out time) TURNING! ABOUT TURN! (Call out time)”*

“There you saw a complete and final demonstration of the movement.”

“Are there any questions?”

“You the Squad on carrying out the movement will call out, IN, LEFT, RIGHT, LEFT, FORWARD”

### **Practice: Collective – Individual – Collective**

**Collective:** “As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command.”

**Individual:** the instructor must get amongst the students to carry out fault correction.

*“FALL IN!”*

### **Collective:**