Expedition Training

Clothing, Equipment and Load Carrying

Clothing and Equipment to be worn.

1. 
2. 
3. 
4. 
5. 
6. 
7. 

Items to be Carried.

1. On the Person.
   a. 
   b. 
   c. 
   d. 
   e. 

2. In the Haversack (rucksack).
   a. 
   b. 
   c. 
   d. 
   e. 
   f. 
   g. 
   h. 

Additional Items.
Items which may be carried, or moved independently to camp sites are:

1. 
2. 
3. 
4. 
5. 
Weight Distribution

[Diagram showing correct and incorrect weight distribution on a backpack.]