

COMMAND TASK 4 – Islands

Equipment

- 2 gym boxes
- 1 plank, 1.8m long
- 2 blindfolds (on 2 team members)
- 2 thin mats
- 1 crashmat

Scenario

Your team have sustained casualties while on patrol, from which you are now returning. Two people have head injuries and are unable to see due to their dressings. The other team members must guide them safely over the river you have just reached, which cannot be entered due to dangerously strong currents. The islands are small so you will have to plan ahead.

Aim

The team must cross the fast-flowing river by way of the islands in the middle.

Rules

- No team member may jump onto or off the obstacle.
- The area between the mats is out of bounds and may not be touched by team members or their equipment.
- No more than 3 team members may be on an island at once.

Time

The team has 3 minutes to formulate a plan and 15 minutes to complete the task.

