

MARCHING AND HALTING IN SLOW TIME

"Taking you a stage further in your foot drill I am now going to teach you MARCHING AND HALTING in slow time."

"The reason this movement is taught is to enable you as an individual or as a formed body of men to march at the regulation rate of 65 paces to the minute and to halt. In a smart soldier like and uniform manner. On the Command STAND EASY."

"Relax and look this way and I will give you a complete demonstration of the movement."

"STAND EASY",

"Relax and look this way."

"INSTRUCTOR ONLY! SLOW MARCH! (Call out time for 11 paces) SQUAD HALT!"

"There you saw a complete demonstration of both movements, for the purposes of instruction this lesson is broken down into two parts, first of all the slow march, for instructional purposes the slow march is taught by balanced step. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the word of command."

"Slow March by balanced step LEFT FOOT FRONT",

"Relax and look this way."

"INSTRUCTOR ONLY! Slow March by balanced step LEFT FOOT FRONT!"

"IMMEDIATELY on receiving the word of command. I forced my left foot forward a short pace of 15 inches. And I froze in this POSITION."

"Points to Note."

"The right foot is flat and firm on the ground. The left foot is just clear of the ground with the toes pointing downwards and outwards."

"Both my knees are braced."

"The remainder of my body is ERECT AND SQUARE TO THE FRONT"

"Are there any Questions?"

(Stay in position)

"You the squad on carrying out these actions will call out. FRONT!"

"I left you in this position. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the command"

"Left foot FORWARD"

"INSTRUCTOR ONLY! Left foot FORWARD!"

"IMMEDIATELY, on receiving the word of command. The left foot is forced forward a further 15 inches to complete the 30 inch pace and I froze in this POSITION."

"Points to Note."

"The outside edge of my left boot touches the ground first. The left foot is then flat and firm on the ground, with the left knee braced."

"The toes of my right foot are on the ground with the heel raised."

"And the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

(Stay in position)

"You the squad on carrying out these actions will call out. FORWARD!"

"I left you in this position. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the command"

"Right Foot FORWARD"

"INSTRUCTOR ONLY! Right Foot FORWARD!"

"IMMEDIATELY, on receiving the word of command. The right foot is forced forward a full 30 inch marching pace, bending the knee slightly to allow the foot to pass through the correct position of attention. And I froze in this POSITION."

"Points to Note."

"The outside edge of my right boot touches the ground first. The right foot is then flat and firm on the ground, with the right knee braced."

"The toes of my left foot are on the ground with the heel raised."

"And the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

(Stay in position)

"You the squad on carrying out these actions will call out. FORWARD!"

"I left you in this position. Continue to look this way and I will give you a complete demonstration of the actions to be carried out on receipt of the command"

"Left Foot FORWARD"

"Left Foot FORWARD"

"IMMEDIATELY, on receiving the word of command. The left foot is forced forward a full 30 inch marching pace, bending the knee slightly to allow the foot to pass through the correct position of attention. And I froze in this POSITION."

"Points to Note."

"The outside edge of my left boot touches the ground first. The left foot is then flat and firm on the ground, with the left knee braced."

"The toes of my right foot are on the ground with the heel raised."

"And the remainder of my body is ERECT AND SQUARE TO THE FRONT."

"Are there any Questions?"

(Stand to attention)

"You the squad on carrying out these movements will call out FRONT!"

Practice: Collective – Individual – Collective

Collective: "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective:

"Stand Still"

"I am now going to step you off at the regulation rate of 65 paces a minute. Ensure that when I call out LEFT, it is the outside edge of your left boot that touches the ground first. When I call out RIGHT it is the outside edge of your right boot that touches the ground first. Step off together"

"SLOW MARCH (call out time for at least 12 paces)"

"As you pass me break off into your groups and practice ensuring that one of you gives the correct word of command."

Practice: Collective – Individual – Collective

Collective: "As you pass me break off into your groups and practice ensuring that one of you gives the correct word of command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective:

"Stand still, relax and look this way."

"Now dealing with the halt. This movement is taught by demonstration and explanation. Continue to look this way and I will demonstrate and explain the movement."

"INSTRUCTOR ONLY! SLOW MARCH! (Call out time for 11 paces) SQUAD HALT! (call out ONE, TWO)

"Immediately on the command which I received as my left foot passed the right I forced the left foot forward a short pace of 15 inches placing the foot flat on the ground. I then bent my right leg in front of the body so that the thigh was parallel to the ground with the foot hanging naturally below the knee. I then forced my right leg to the ground beside the left foot to resume the correct position of attention, and I froze in this POSITION."

"Points to note."

"I am now in the correct position of attention with the remainder of my body ERECT AND SQUARE TO THE FRONT."

"Are there any questions?"

"You the squad on carrying out this movement will call out ONE, TWO"

"Stand to Attention turn to your left"

Practice: Collective – Individual – Collective

Collective: "As I pass you break off into your groups and practice, ensuring that one of you gives the correct word of Command."

Individual: the instructor must get amongst the students to carry out fault correction.

"FALL IN!"

Collective: