## **The Marksmanship Principles**

1. The 1 ar A good relaxed grip of the elbows.	nd <u>2</u> must be <u>3</u> e weapon using the bodi		
2. The mu without undue 7 The weapon should poin target using arm muscles	effort. t at the target using the b		
3. Sight 8 The foresight must be in	(aiming) must be co	perture as below.	
4. The shot must be	9 and		) without disturbing
the position.  Controlled breathing should be adopted, and the pressure on the trigger should be slowly increased to the extent where the weapon firing should come as a surprise. Although the weapons recoil will lift the point of aim momentarily, the weapon should return to point naturally at the target. Take a pause of around 1 second after the weapon fires with no movement before releasing the pressure from the trigger and cocking the weapon.			
	( ) Followed ( ) Firm ( ) Physical ( ) Naturally ( ) Hold		

## **Answers**

(08) Alignment(10) Followed(01) Position(03) Firm(05) Weapon(07) Physical(04) Support(06) Naturally(09) Released(02) Hold